

Study of Ephesians – Ephesians 6:10-24 Bellevue Church of Christ – Spring & Summer 2013

"Finally" (tou loipou) is "for the rest,"
i.e., as to what remains for them to do.

I. Exhortation pt 1 (10-13)

Put On...That You
May be Able
To...**STAND**

This battle is one
that we cannot win
on our own!
-**Luke 14:28-32**

II. Equipment (14-17)

-Paul lists the
pieces of armor in
the order they
would be put on by
a soldier.

-All of these
pieces of armor
come from the word
of God.

III. Exhortation pt 2 (18-20)

Prayer

- ALL Times**
- ALL Prayers (kinds, NIV)**
- ALL Perseverance**
- All Saints**

-**Phi 4:6** "...everything by
prayer and supplication"
-**1Th 5:17** "pray without
ceasing"

¹⁰ **Finally**, be **strong** in the Lord and in the **strength** of his might.

μεθοδεία (methodeia) - Eph 4:14

¹¹ Put on **the whole armor of God**, that you may be able to **stand** against the **schemes of the devil**.

Stand - Military term for holding a position

¹² **For** we do not wrestle against **flesh and blood**, but against the **rulers**, against the **authorities**, against the **cosmic powers** over this present darkness, against the **spiritual forces of evil** in the heavenly places.

¹³ **Therefore** take up **the whole armor of God**, that you may be able to **withstand** in the evil day, and having done all, to **stand firm**.

¹⁴ **Stand** therefore, having fastened on the **belt of truth**, and having put on the **breastplate of righteousness**,

¹⁵ and, as **shoes for your feet**, having put on the **readiness** given by the gospel of peace.

¹⁶ In all circumstances take up the **shield of faith**, with which you can extinguish all the flaming darts of the evil one;

¹⁷ and take the **helmet of salvation**, and the **sword of the Spirit**, which is the **word of God**,

¹⁸ praying at **all times** in the Spirit, with **all prayer and supplication**. To that end keep alert with **all perseverance**, making supplication for **all the saints**,

¹⁹ and also for me, that words may be given to me in opening my mouth boldly to proclaim the **mystery of the gospel**,

²⁰ for which I am an **ambassador in chains**, that I may declare it boldly, as I ought to speak.

Strength of God

- Isa 40:27-31
- Eph 1:19-20; 3:16-21
- Phi 4:11-13
- Deu 31:23 / Jos 1:6
Final charge to Joshua
before heading into
Physical battle.

Whole Armor

- ανοπλία (panoplia)
- Lit...Full Armor
(head to toe)
- Includes both weapons
and armor
- Hymn: *Soldiers of
Christ Arise*
"panoply of God"

The Whole Armor of God:

- 1Th 5:8
- Isa 11:4-5; 59:17

- (1) **Belt / Truth**
-Eph 1:13-14
-John 8:31-38
- (2) **Breastplate / Righteousness**
-Mat 5:2-12
-Rom 3:21-26
-2Co 5:21
- (3) **Shoes / Readiness**
-Mat 25:1-13
-Rom 13:11-12
- (4) **Shield / Faith**
-Rom 10:17
- (5) **Helmet / Salvation**
-II Tim 3:14-15
- (6) **Sword / Word of God**
Heb 4:12-13

Paul's Mission

- Eph 3:1-13

Chains

- Act 28:20
- 2Ti 1:16

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IV. Envoy
(21-22)

Tychicus

-A Gentile believer
from Asia Minor
-Ministry partner of
Paul
-Act 20:4
-Col 4:7-8
-2Ti 4:12
-Tit 3:12

²¹So that you also may know how I am and what I am doing, *Tychicus* the beloved brother and faithful minister in the Lord will tell you everything.

²²I have sent him to you for this very purpose, that you may know how we are, and that he may *encourage your hearts*. <- *Eph 3:13*

²³**Peace** be to the brothers, and **love** with **faith**, from God the Father and the Lord Jesus Christ.

²⁴**Grace** be with all who love our Lord Jesus Christ with *love incorruptible*.

Peace -> Phi 6-7

Love -> 1Co 13

Faith -> 1Jn 5:4-5

**Reverse Order of Paul's
Common Greeting:**

Grace -> Peace

Rom 1:7

1Co 1:3

2Co 1:2

Gal 1:3

Eph 1:2

Philemon 1:3

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Strength of God

Isaiah 40:27–31 (ESV)

²⁷ Why do you say, O Jacob,
and speak, O Israel,
“My way is hidden from the LORD,
and my right is disregarded by my God”?
²⁸ Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
²⁹ He gives power to the faint,
and to him who has no might he increases strength.
³⁰ Even youths shall faint and be weary,
and young men shall fall exhausted;
³¹ but they who wait for the LORD shall renew their strength;
they shall mount up with wings like eagles;
they shall run and not be weary;
they shall walk and not faint.

Ephesians 1:19–20 (ESV)

¹⁹ and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might ²⁰ that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places,

Ephesians 3:16–21 (ESV)

¹⁶ that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, ¹⁷ so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, ¹⁸ may have strength to comprehend with all the saints what is the breadth and length and height and depth, ¹⁹ and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

²⁰ Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, ²¹ to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

Philippians 4:11–13 (ESV)

¹¹ Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. ¹² I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. ¹³ I can do all things through him who strengthens me.

Deuteronomy 31:23 (ESV)

²³ And the LORD commissioned Joshua the son of Nun and said, “Be strong and courageous, for you shall bring the people of Israel into the land that I swore to give them. I will be with you.”

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Joshua 1:6 (ESV)

⁶ Be strong and courageous, for you shall cause this people to inherit the land that I swore to their fathers to give them.

Whole Armor

4110 πανοπλία (*panoplia*), ας (*as*), ἡ (*hē*): n.fem.; ≡ Str 3833; TDNT 5.295—LN 6.30 **weapons and armor**, full armor (Lk 11:22; Eph 6:11, 13+)¹

Soldiers of Christ, Arise 458
Be strong in the Lord . . . Put on the whole armor of God. Eph. 6:10, 11

Charles Wesley, 1749 DIADEMATA S.M.D.
George J. Elvey, 1868

1. Sol - diers of Christ, a - rise And put your ar - mor on,
2. Stand then in His great might, With all His strength en - dued,
3. Leave no un - guard - ed place, No weak - ness of the soul;

Strong in the strength which God sup - plies Through His e - ter - nal Son;
And take, to arm you for the fight, The pan - o - ply of God;
Take ev - ery vir - tue, ev - ery grace, And for - ti - fy the whole.

Strong in the Lord of hosts, And in His might - y pow'r, Who
From strength to strength go on, Wres - tle and fight and pray; Tread
That hav - ing all things done, And all your con - flicts past, Ye

in the strength of Je - sus trusts Is more than con - quer - or.
all the pow'rs of dark - ness down, And win the well - fought day.
may o'er - come through Christ a - lone, And stand com - plete at last. A - men.

This tune in a lower key. No. 376 **CHALLENGE AND VICTORY**

¹ Swanson, J. (1997). *Dictionary of Biblical Languages with Semantic Domains: Greek (New Testament)*. Oak Harbor: Logos Research Systems, Inc.

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Schemes

3497 μεθοδεῖα (*methodeia*), ας (*as*), ἡ (*hē*): n.fem.; ≡ Str 3180; TDNT 5.102—LN 88.158
scheming, craftiness; (pl.) wiles, strategies (Eph 4:14; 6:11+; Eph 6:12 v.r. NA26)²

Ephesians 4:14 (ESV)

¹⁴ so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.

Impossible Battle

Luke 14:28–32 (ESV)

²⁸ For which of you, desiring to build a tower, does not first sit down and count the cost, whether he has enough to complete it? ²⁹ Otherwise, when he has laid a foundation and is not able to finish, all who see it begin to mock him, ³⁰ saying, ‘This man began to build and was not able to finish.’ ³¹ Or what king, going out to encounter another king in war, will not sit down first and deliberate whether he is able with ten thousand to meet him who comes against him with twenty thousand? ³² And if not, while the other is yet a great way off, he sends a delegation and asks for terms of peace.

The Whole Armor of God

Isaiah 11:4–5 (ESV)

⁴ but with righteousness he shall judge the poor,
and decide with equity for the meek of the earth;
and he shall strike the earth with the rod of his mouth,
and with the breath of his lips he shall kill the wicked.

⁵ Righteousness shall be the belt of his waist,
and faithfulness the belt of his loins.

Isaiah 59:17 (ESV)

¹⁷ He put on righteousness as a breastplate,
and a helmet of salvation on his head;
he put on garments of vengeance for clothing,
and wrapped himself in zeal as a cloak.

1 Thessalonians 5:8 (ESV)

⁸ But since we belong to the day, let us be sober, having put on the breastplate of faith and love, and for a helmet the hope of salvation.

² Swanson, J. (1997). *Dictionary of Biblical Languages with Semantic Domains: Greek (New Testament)*. Oak Harbor: Logos Research Systems, Inc.

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Belt of Truth

Ephesians 1:13–14 (ESV)

¹³ In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, ¹⁴ who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.

John 8:31–38 (ESV)

³¹ So Jesus said to the Jews who had believed him, “If you abide in my word, you are truly my disciples, ³² and you will know the truth, and the truth will set you free.” ³³ They answered him, “We are offspring of Abraham and have never been enslaved to anyone. How is it that you say, ‘You will become free?’”

³⁴ Jesus answered them, “Truly, truly, I say to you, everyone who practices sin is a slave to sin. ³⁵ The slave does not remain in the house forever; the son remains forever. ³⁶ So if the Son sets you free, you will be free indeed. ³⁷ I know that you are offspring of Abraham; yet you seek to kill me because my word finds no place in you. ³⁸ I speak of what I have seen with my Father, and you do what you have heard from your father.”

Breastplate of Righteousness

Matthew 5:2–12 (ESV)

² And he opened his mouth and taught them, saying:
³ “Blessed are the poor in spirit, for theirs is the kingdom of heaven.
⁴ “Blessed are those who mourn, for they shall be comforted.
⁵ “Blessed are the meek, for they shall inherit the earth.
⁶ “Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
⁷ “Blessed are the merciful, for they shall receive mercy.
⁸ “Blessed are the pure in heart, for they shall see God.
⁹ “Blessed are the peacemakers, for they shall be called sons of God.
¹⁰ “Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.
¹¹ “Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. ¹² Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.

Romans 3:21–26 (ESV)

²¹ But now the righteousness of God has been manifested apart from the law, although the Law and the Prophets bear witness to it— ²² the righteousness of God through faith in Jesus Christ for all who believe. For there is no distinction: ²³ for all have sinned and fall short of the glory of God, ²⁴ and are justified by his grace as a gift, through the redemption that is in Christ Jesus, ²⁵ whom God put forward as a propitiation by his blood, to be received by faith. This was to show God’s righteousness, because in his divine forbearance he had passed over former sins. ²⁶ It was to show his righteousness at the present time, so that he might be just and the justifier of the one who has faith in Jesus.

2 Corinthians 5:21 (ESV)

²¹ For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

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Shoes > Readiness > Gospel of Peace

Matthew 25:1–13 (ESV)

¹ “Then the kingdom of heaven will be like ten virgins who took their lamps and went to meet the bridegroom. ² Five of them were foolish, and five were wise. ³ For when the foolish took their lamps, they took no oil with them, ⁴ but the wise took flasks of oil with their lamps. ⁵ As the bridegroom was delayed, they all became drowsy and slept. ⁶ But at midnight there was a cry, ‘Here is the bridegroom! Come out to meet him.’ ⁷ Then all those virgins rose and trimmed their lamps. ⁸ And the foolish said to the wise, ‘Give us some of your oil, for our lamps are going out.’ ⁹ But the wise answered, saying, ‘Since there will not be enough for us and for you, go rather to the dealers and buy for yourselves.’ ¹⁰ And while they were going to buy, the bridegroom came, and those who were ready went in with him to the marriage feast, and the door was shut. ¹¹ Afterward the other virgins came also, saying, ‘Lord, lord, open to us.’ ¹² But he answered, ‘Truly, I say to you, I do not know you.’ ¹³ Watch therefore, for you know neither the day nor the hour.

Romans 13:11–12 (ESV)

¹¹ Besides this you know the time, that the hour has come for you to wake from sleep. For salvation is nearer to us now than when we first believed. ¹² The night is far gone; the day is at hand. So then let us cast off the works of darkness and put on the armor of light.

Shield of Faith

Romans 10:17 (ESV)

¹⁷ So faith comes from hearing, and hearing through the word of Christ.

Helmet of Salvation

2 Timothy 3:14–15 (ESV)

¹⁴ But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it ¹⁵ and how from childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus.

Sword > Word of God

Hebrews 4:12–13 (ESV)

¹² For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. ¹³ And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

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Prayer

Philippians 4:6 (ESV)

⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

1 Thessalonians 5:17 (ESV)

¹⁷ pray without ceasing,

Paul's Mission

Ephesians 3:1–13 (ESV)

¹ For this reason I, Paul, a prisoner for Christ Jesus on behalf of you Gentiles— ² assuming that you have heard of the stewardship of God's grace that was given to me for you, ³ how the mystery was made known to me by revelation, as I have written briefly. ⁴ When you read this, you can perceive my insight into the mystery of Christ, ⁵ which was not made known to the sons of men in other generations as it has now been revealed to his holy apostles and prophets by the Spirit. ⁶ This mystery is that the Gentiles are fellow heirs, members of the same body, and partakers of the promise in Christ Jesus through the gospel.

⁷ Of this gospel I was made a minister according to the gift of God's grace, which was given me by the working of his power. ⁸ To me, though I am the very least of all the saints, this grace was given, to preach to the Gentiles the unsearchable riches of Christ, ⁹ and to bring to light for everyone what is the plan of the mystery hidden for ages in God who created all things, ¹⁰ so that through the church the manifold wisdom of God might now be made known to the rulers and authorities in the heavenly places. ¹¹ This was according to the eternal purpose that he has realized in Christ Jesus our Lord, ¹² in whom we have boldness and access with confidence through our faith in him. ¹³ So I ask you not to lose heart over what I am suffering for you, which is your glory.

Paul in Chains

Acts 28:20 (ESV)

²⁰ For this reason, therefore, I have asked to see you and speak with you, since it is because of the hope of Israel that I am wearing this chain."

2 Timothy 1:16 (ESV)

¹⁶ May the Lord grant mercy to the household of Onesiphorus, for he often refreshed me and was not ashamed of my chains,

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Tychicus

Tychicus - A Gentile believer from Asia Minor, he is mentioned throughout the nt as a ministry partner of Paul (see Acts 20:4; Eph 6:21; Col 4:7; 2 Tim 4:12; Titus 3:12). According to Acts, Tychicus accompanied Paul on his third missionary journey (Acts 20:4). In Colossians Paul describes Tychicus as a beloved brother, faithful servant, and fellow slave (Col 4:7). Paul also deeply trusted Tychicus and commissioned him to carry some of his letters to various Christian communities (Col 4:7–9; 2 Tim 4:12; Titus 3:12).³

Acts 20:4 (ESV)

⁴ Sopater the Berean, son of Pyrrhus, accompanied him; and of the Thessalonians, Aristarchus and Secundus; and Gaius of Derbe, and Timothy; and the Asians, Tychicus and Trophimus.

Colossians 4:7–8 (ESV)

⁷ Tychicus will tell you all about my activities. He is a beloved brother and faithful minister and fellow servant in the Lord. ⁸ I have sent him to you for this very purpose, that you may know how we are and that he may encourage your hearts,

2 Timothy 4:12 (ESV)

¹² Tychicus I have sent to Ephesus.

Titus 3:12 (ESV)

¹² When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there.

Peace, Love, Faith

Philippians 4:6–7 (ESV)

⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

1 Corinthians 13 (ESV)

¹ If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. ² And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. ³ If I give away all I have, and if I deliver up my body to be burned, but have not love, I gain nothing.

⁴ Love is patient and kind; love does not envy or boast; it is not arrogant ⁵ or rude. It does not insist on its own way; it is not irritable or resentful; ⁶ it does not rejoice at wrongdoing, but rejoices with the truth. ⁷ Love bears all things, believes all things, hopes all things, endures all things.

⁸ Love never ends. As for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away. ⁹ For we know in part and we prophesy in part, ¹⁰ but when the perfect comes, the partial will pass away. ¹¹ When I was a child, I spoke like a child, I thought like

³ Barry, J. D., Grigoni, M. R., Heiser, M. S., Custis, M., Mangum, D., & Whitehead, M. M. (2012). *Faithlife Study Bible* (Eph 6:21). Bellingham, WA: Logos Bible Software.

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a child, I reasoned like a child. When I became a man, I gave up childish ways. ¹² For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall know fully, even as I have been fully known.

¹³ So now faith, hope, and love abide, these three; but the greatest of these is love.

1 John 5:4–5 (ESV)

⁴ For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith. ⁵ Who is it that overcomes the world except the one who believes that Jesus is the Son of God?

Paul's Common Greeting

Romans 1:7 (ESV)

⁷ To all those in Rome who are loved by God and called to be saints: Grace to you and peace from God our Father and the Lord Jesus Christ.

1 Corinthians 1:3 (ESV)

³ Grace to you and peace from God our Father and the Lord Jesus Christ.

2 Corinthians 1:2 (ESV)

² Grace to you and peace from God our Father and the Lord Jesus Christ.

Galatians 1:3 (ESV)

³ Grace to you and peace from God our Father and the Lord Jesus Christ,

Ephesians 1:2 (ESV)

² Grace to you and peace from God our Father and the Lord Jesus Christ.

Philemon 1:3 (ESV)

³ Grace to you and peace from God our Father and the Lord Jesus Christ.